# WHEN YOUR PATIENT WITH CHRONIC TENDON DISEASE IS NOT BETTER AFTER 3 MONTHS, WHAT DO YOU RECOMMEND?

We offer an image-guided, one-time minimally invasive procedure using Tenex Health  $TX^{\otimes}$  technology that is designed to precisely cut and remove the degenerated soft tissue which is the source of the chronic pain - while leaving the healthy tissue alone and stimulating a healing response. This allows patients to return more quickly to their normal daily routine than with a traditional open surgery. Tenex Health  $TX^{\otimes}$  is based upon advanced technology developed in collaboration with the Mayo Clinic.

#### **Common Applications**

- Shoulder Tendinosis
- Lateral or Medial Epicondylosis
- Gluteal Tendinosis of the Hip
- Patellar Tendinosis
- Achilles Tendinosis
- Plantar Fasciosis

#### The Ideal Patient

- Other treatments and conservative measures have failed
- ✔ Presents point tenderness
- ✓ Pain for over 3 months chronic

### Benefits Your Patients Will Appreciate

- Rapid pain relief and return to normal activities within 6-8 weeks
- Well-tolerated and guick procedure time
- Minimally invasive typically performed with local anesthetic
- Percutaneous micro-incision— no sutures or stitches required
- Compelling clinical results\* and safety
- Covered by most insurance
- No additional post-procedure treatment required \*\*

#### Tendon and plantar fascia repair



Performed under ultrasound guidance to precisely identify, cut and remove diseased tissue without disturbing surrounding healthy tissue or other major structures.

#### Flbow tendon tissue

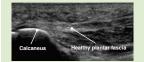


Hypoechoic (dark) region within tendon



TX MicroTip removing diseased tissue from the elbow

#### Plantar fascia tissue



Healthy tissue is relatively thin and has a fibrillar structure pattern without hypoechoic regions.



When disease is present, the plantar fascia thickens, hypoechoic regions appear, and the uniform fibrillar pattern is lost.

Chronic Tendon Disease is a persistent condition characterized by degeneration of tendon tissue without inflammation. It is caused by repetitive motions creating micro tears that require a higher level of intervention.



<sup>\*\*</sup>Individual results may vary



#### **Treatment pathway**

Historically, conservative treatment included options to treat only symptoms and not the disease. The *Tenex Health TX® System* allows us to treat the source of Chronic Tendon Disease by precisely cutting and removing damaged tissue without disturbing healthy tissue.



CONSERVATIVE TREATMENTS INVASIVE TREATMENTS

## A one-time treatment and outpatient procedure



Ultrasound guidance used to identify pathologic tissue and guide the TX MicroTip during tissue removal.



TX MicroTip with optimized ultrasonic energy simultaneously cuts and removes targeted diseased tissue.

## We partner with referring physicians for highest-quality patient care

- 1 Once your patient has failed 3 months of conservative therapy
- 2 Recommend patient for procedure evaluation
- 3 Patients return to you after consultation and/or procedure

	For more information or to schedule a patient consultation, contact:	,
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Factsheet for referral providers MKT160 REV D